## Premeasurement Intake and Treatment PhD’s / Agnes van Rossum

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# Pre intake: General information

|  |  |
| --- | --- |
| Date: | 20231120 |

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| --- | --- | --- | --- | --- | --- |
| Age: | …28… years | Gender: | Female | Nationality: | Non Europe, China |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| PhD year: | 1 | 2 | 3 | 4 | 5 |

|  |  |  |  |
| --- | --- | --- | --- |
| Work appointment: | Employed PhD  (a paid position) | Contract PhD  (subsidized by a grant) | External PhD  (supported by own funds) |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Faculty: | Archaeology | Governance and Global Affairs (FGGA) | Humanities | Law School |
| Medicine/LUMC | Science (FWN) | Social and Behavioral Sciences (FSW) |  |

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| --- | --- | --- | --- | --- | --- |
| How did you find the PhD psychologist? | Introductory meeting for PhD candidates | Heard from colleague or peer | (Digital) Newsletter | Website University Leiden/Intranet | Referred by promotor or professor |
| Referred by  company doctors | Referred by confidential counsellors | Referred by HRM coaches, or HRM learning and development | Referred by Graduate School coordinator or dean | Other: |

# Resilience Evaluation Scale (pre measurement)

Below you will find a number of statements about how you think about yourself and the way in which you usually respond to difficult situations. Please indicate to what extent each statement applies to you.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | completely disagree | disagree | neutral | agree | completely agree |
| **1. I have confidence in myself** | 0 | 1 | 2 | 3 | 4 |
| **2. I can easily adjust in a difficult situation** | 0 | 1 | 2 | 3 | 4 |
| **3. I am able to persevere** | 0 | 1 | 2 | 3 | 4 |
| **4. After setbacks, I can easily pick up where I left off** | 0 | 1 | 2 | 3 | 4 |
| **5. I am resilient** | 0 | 1 | 2 | 3 | 4 |
| **6. I can cope well with unexpected problems** | 0 | 1 | 2 | 3 | 4 |
| **7. I appreciate myself** | 0 | 1 | 2 | 3 | 4 |
| **8. I can handle a lot at the same time** | 0 | 1 | 2 | 3 | 4 |
| **9. I believe in myself** | 0 | 1 | 2 | 3 | 4 |
|  | **Total score: 23** | | | | |